

VOL. 18 No. 4

chicago

JANUARY 20-JANUARY 26, 2010

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# StreetWise

\$2



**Sexual expression  
& other rights in  
assisted living**

**Also Inside**

**Introducing TechWise:**

**What would  
Dr. King say?**

# The age of consent?

# chicago StreetWise

MISSION: TO HELP PEOPLE HELP THEMSELVES TO SELF-SUFFICIENCY THROUGH GAINFUL EMPLOYMENT

## From the Founder



I founded StreetWise, Inc. 18 years ago. On December 31 I received a call from a longtime vendor.

He said, "I just called to tell you how much I appreciate you for starting StreetWise and for how much it has helped me and my family and many others!"

He also told me he's been sober for over five years and has kept the same apartment for over three years. Because of the income he earns selling issues of *StreetWise*, this vendor has been able to help put his daughter through college at a major university, where she recently graduated with a degree in business management.

I'm sharing this news because of the valuable lessons I've learned. It felt so good receiving his call—many of us volunteer lots of time and money and rarely receive a message like his. It makes it all worthwhile.

Secondly, I rarely drink alcohol, but on occasion I do have one or two beers or glasses of wine, and since it was New Year's Eve and I was heading to a party, I figured I would have a couple of drinks once I got there. But whenever I drink I always feel lousy the next morning, so I said to myself, "Do I really need to drink tonight to have a good time?"

A good friend of mine, owner of a construction firm, and one of the most successful guys I know, doesn't drink a drop of alcohol—and he's always the life of the party! And one of my best friends from grade school, the owner of a very large company with plants in several cities, also doesn't drink.

With DUI laws being so strict, it's really dangerous to drink and drive. If caught, the fines and legal fees range from \$3,300 to \$5,000, and you

will automatically lose your driver's license for six months. There's also no judicial driving permit anymore—if you're caught driving on a suspended or revoked license, you will automatically spend 180 days in jail, no questions asked!

I brought some nonalcoholic beer to that New Year's Eve party and had just as much fun, plus I felt great the next day—all thanks to my friendly *StreetWise* vendor.

So, I suggest you start off this new year doing what the vendor did for me—call, e-mail, text, or write your family members, friends, and associates and tell them how much you appreciate them. It costs nothing! Then commit to not drinking and driving, but if you do drink, at the very least let someone else drive you home. Or take a cab—a \$20-\$30 cab ride will save you thousands of dollars and will most certainly help you preserve your marriage and job.

The final lesson I learned from the vendor's call is that the person you help today may be the one who helps you tomorrow, so please consider helping others.

Thanks again, to him, and Happy New Year to you all.

*Judd Lofchie, founder of StreetWise Inc. is an attorney, developer, and real estate broker.*

**Advertise your Business in *StreetWise* Magazine and support those who are homeless or at risk of being homeless who are working towards self-sufficiency through gainful employment with dignity. Promote your business to a demographic who is socially conscious, educated and always wants to support like minded, local businesses.**

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### Where the money goes...

Vendors buy *StreetWise* for 75 cents, and the remaining \$1.25 goes directly to the licensed vendor.

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### WorldWise



#### Homeless in France prefer streets

Even though more than 100,000 government-run shelters are available in France, the country's homeless prefer sleeping rough on the streets.

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including free days at the Shedd Aquarium, The Museum of Science & Industry and Polar Adventure Days.



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### International Vendor



#### Scottish YouTube Star

Meet Joan Adamson, a vendor for *The Big Issue in Scotland*, who sings Rolling Stones and Bob Dylan while selling her magazine.

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### chicago StreetWise



Sexual expression  
& other rights in  
assisted living

## The age of consent?

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Introducing TechWise:  
What would  
Dr. King say?

### Freedom, Identity & Choice

The key to assisted housing for the aging is to give them as much control of their lives as possible.

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# From the Street: New North Lawndale MLK homes

Lawndale Christian Development Corporation (LCDC) breaks ground on a \$17 million affordable rental complex in honor of Dr. Martin Luther King, Jr.

The Dr. King Legacy Apartments will officially launch the creation of the MLK Historic District. This district will bring affordable housing and renewed commercial development to a business area that was almost completely eliminated during the 1968 riots that were sparked by King's assassination. This area in North Lawndale is the only place in the north where Dr. King ever lived.

The Dr. King Legacy Apartments are a \$17 million new-construction tax credit deal, with 45 residential units and six units of ground-floor commercial space. They're located on 16th Street between Hamlin and Avers and include the site where Dr. King and his family lived in the summer of 1966 during his campaign against slum housing.

LCDC will begin construction on the apartments early this year; the development of the MLK Historic District will continue over a five-year period.

The Dr. King Legacy Apartments project has received \$1.5 million in tax credits through the City of Chicago. The Illinois Housing Development Authority has invested more than \$1.3 million in state and federal tax credits in the project and generated approximately \$8.2 million in private equity; Citibank will serve as the main private equity source.

## Background

On January 26, 1966, Dr. King moved with his wife, Coretta, and their four children to a third-floor apartment at 1550 South Hamlin in the North Lawndale community. From there he launched what he called the "action phase" of his agenda. The Chicago campaign focused on demonstrating racism as a national issue. He led marchers into Marquette Park and into Cicero and declared that "I have never in my life seen such hate . . . not in Mississippi or Alabama."

Dr. King also came to Chicago to show the deplorable living conditions and poverty of African-Americans in the urban North, and to display the segregation of housing in northern cities.

Forty years later, many of the issues Dr. King came to Chicago to fight are still prevalent. A 2006 *Newsweek* article by Jonathan Alter highlighted the fact that "North Lawndale, where King once lived, doesn't look much different than it did 40 years ago."

A task force of community organizations has



joined together to create a space honoring Dr. King's dream for North Lawndale. The project is designed to continue his vision and bring positive public space to the community.

The MLK Taskforce consists of Lawndale Christian Development Corporation, Safeway Companies, Westside Federation, Chicago Youth Centers, and Marcy-Newberry Association, Inc.

The Dr. King Legacy Apartments will serve as the first step in the creation of the MLK Historic District, which has a number of very exciting components, including:

- a new, affordable family-housing development on the corner where Dr. King lived in 1966;
- a new campus park in conjunction with Penn Elementary School;
- a memorial to Dr. King;
- a new community center housing both Marcy-Newberry and Chicago Youth Centers;
- an affordable-housing museum;
- new public infrastructure identifying the MLK40 Memorial District.

## About LCDC

Lawndale Christian Development Corporation was established in 1987 to bring holistic revitalization to the people and environments of Lawndale through economic empowerment, housing improvements, educational enrichment, and community advocacy.

In the past 13 years, LCDC has brought more than \$60 million in redevelopment to the North Lawndale community, including an award-winning \$3.1 million child-care facility, Jubilee Family Resource Center, which serves 220 children and employs 50 people. LCDC's 31-computer, state-of-the-art Technology Center also provides critical technology access and training to youth and adults in the neighborhood.

LCDC serves as the lead agency in North Lawndale for LISC's New Communities Program, and is working with a group of residents and community organizations to develop and implement a long-term plan for community revitalization.

—Doug Hall



## Honoring Chicago's Ken Dunn

Visionary Ken Dunn is being honored at the 5th Annual Elizabeth I. Benson Awards.

So who is this Ken Dunn? Ken is a leader who put his ideas into practice:

In 1974 he founded The Resource Center, the south side-based nonprofit that now has 38 employees running recycling, composting, bike rebuilding, job training, and community gardening programs.

In 2000, Ken started City Farm, an organic garden cultivated on a vacant lot in the middle of the Cabrini-Green public housing development that employs neighborhood residents and sells vegetables to local restaurants and walk-in customers.

These projects demonstrate that it's not only possible, but preferable to create local economic systems that are in harmony with our planet and provide opportunities for meaningful employment.

The Benson Awards will be at 6 p.m. Wed. Jan. 27 at the Wellington Avenue Univited Church of Christ, 615 W. Wellington Ave, Chicago. RSVP with Kathy at 773.935.0642. The suggested donation is \$15.

## Our Contributing Writers

**Ginny & the Chef** Originally a professional chef, Chef J now writes a syndicated weekly column on food and fitness in Chicago. He's also the president of the Chicago Research Chefs LLC and president emeritus of the Chicago Nutrition Association. Ginny has written nutrition and fitness articles for several local and national publications, such as the *Chicago Tribune* and *On-Health* magazine. She has a bachelor's degree in nutrition science and dietetics and a master's degree in nutrition communications and marketing.

**John Godoy** is a Chicago-based wellness consultant and personal trainer with a leading prevention-based, integrative health and wellness provider.

**Cindy Kurman Barrie and Lee Barrie** are the principals of Kurman Communications, Inc., a Chicago-based marketing and public relations agency. Please follow all *StreetWise* restaurant features on Twitter @DineWise and subscribe to the blog at: <http://dinewisechicago.blogspot.com>. Or visit their blog at [gotbuzzatkurman.com](http://gotbuzzatkurman.com)

**Patricia Drennan** was a secondary-school teacher in Tanzania for eight years during the 1960s and '70s and a registered dietitian for 15 years at Chicago-area Veterans Administration hospitals. Now retired, she is an active volunteer with the Jane Addams Senior Caucus.

**Mary Faith Hilboldt** is a freelance writer and blogger, with a B.A. in journalism from Marquette University, and a certificate from Stanford University for a mass media institute in T.V. producing. She shared two awards for feature writing from the Illinois Woman's Press Association with *StreetWise* editor Suzanne Hanney. She blogs at [postsfromparadise.blogspot.com](http://postsfromparadise.blogspot.com).

**Stephanie Taylor** graduated from Columbia College Chicago, where she earned a degree in Magazine Journalism. Her work has been seen in the campus newspaper, *The Columbia Chronicle*. She also wrote for *Chicagoland Tails* pet magazine, where she interned. Soon she will begin writing for an upcoming art magazine called *Upsurge*.

## Homeless in France prefer streets

By A. D. McKenzie  
Inter-Press Service

**P**ARIS — They huddle in the doorways of buildings with their few belongings, trying to keep warm. Or they sleep in covered shopping centers accompanied by their pets, usually dogs. Some, reluctantly, make their way to government-run shelters.

These are the homeless people of France (or SDFs, for “sans domicile fixe,” which translates to “without a permanent home” in English), an estimated 200,000 of whom live on the streets throughout the country.

Their plight, often ignored by both officials and citizens going about their business, is now arousing concern as freezing weather sets in, blanketing the country in snow.

One homeless man in Bordeaux has already died from the cold temperatures, raising to 326 the number of people who have died this year as a consequence of living on the street, according to Les Morts de la Rue (the Dead on the Street), a collective pressure group.

“It’s unacceptable for people to be living on the streets and for them to be dying there,” says Christophe Louis, the president of the group, which comprises 40 associations working to help the homeless. “The government needs to provide long-term shelters. Temporary solutions aren’t working.”

Benoist Apparu, the environment ministry’s secretary of state for housing and urban affairs, recently ordered all town officials to accept all requests for shelter.

“The confirmation that there will be a period of severe cold weather in our country demands the concerted mobilization of all actors—the state services, associations, local collectives, and each French person,” Apparu’s office said in a statement.

The ministry noted that more than 100,000 shelters are available all year long in France, and that an additional 8,000 have been made available for the winter, including 1,100 in Paris.

A ministerial adviser, Franck Thiébaux, told Inter Press Service that for the first time this year the government has been coordinating the various efforts to help homeless people in order to reach a greater number of them. Such efforts include having volunteers contact people living on the streets and informing them about public shelters, he said in a telephone interview.

The government has also allocated 80 million euros (\$114 million American) to “humanize” the shelters for 2010, Thiébaux said.

French president Nicolas Sarkozy declared in 2007 that within two years “no one would be obliged to sleep on the sidewalks and to die there from cold, because the right to housing [is] a human obligation.” Despite such assurances, however, critics say much more needs to be done, and demonstrators gathered in Paris recently to demand further action.

“In reality the government doesn’t want to



occupy itself with the question of access to housing,” said Jean Baptiste Eyraud, spokesman for Droit au Logement (Right to Housing), an independent pressure group that organized the protests. “They need to take real measures to give lodgings to homeless people, and they’re dragging their feet on that.”

The global economic crisis has meant that an increasing number of people have faced eviction in the past year, and DAL would like the government to act on France’s 2007 law that makes the right to housing enforceable on the same level as the right to health and education.

This could entail putting the Requisition Act into force, in which empty properties would be made available to those without homes or those who are “badly housed,” including immigrants living in deplorable conditions.

According to DAL, France has more than 1.8 million empty apartments and other spaces that could be used to house the homeless. These include some 122,000 places in Paris alone, says the group, quoting the French statistical agency INSEE. In addition, there are “millions of square meters of offices and other locales that also remain unoccupied,” DAL says.

These potential “lodgings” remain empty because of “negligence, commercial calculation, and the selfish refusal to rent,” says the group. Some landlords prefer not to rent their property because French law is usually in favor of the tenant; for instance, tenants cannot be evicted in the winter months even if they fail to pay their rent.

“The government must give housing to people, either by providing social apartments or renting private lodgings,” says Eyraud. “Public shelters are of bad quality. People should not be put in shelters.”

Patrice, a homeless man in his 50s who sits next to a supermarket near the Eiffel Tower



every day with his cap in front of him, told IPS that he disliked the shelters and preferred to stay outdoors.

Each night he wraps up in a “good blanket” and sleeps under a roof of the Village Suisse, a landmark shopping center of some 150 dealers selling expensive antique furniture and art objects.

“Nobody has to worry about me,” he said. “My name may be Patrice, but I’m *pas triste* [not sad].” He says he receives help from people in the neighborhood who’ve gotten to know him; they give him warm clothing and quilts for the winter.

Patrice may consider himself lucky, but statistics aren’t on his side. According to Les Morts de la Rue, the average age of those who die from living on the street in France is 47.6 years, in contrast to the national life expectancy of 80 years.



Photo by Chef J.

**By Ginny & Chef J**  
StreetWise Contributors  
(www.ginetics.org, www.researchchefs.us)

Most of us are still flush with the New Year's glow of hope and optimism. We are all trying to refocus on what is truly important to us. Is it our health? Our families' health? Is it that new computer or gadget that just arrived on the market? Whatever we are thinking about, we do this as a means to distract ourselves. We all need a break from the Wall Street meltdown, or perhaps a recent job loss. We need to be optimistic and resilient. Folks, we all need to refocus and "tee-up the ball" again.

If you have been reading our column on a consistent basis, you probably notice a certain theme. Health and wellness is the thread that runs through most of our stories. Chef and I focus on trying to live a balanced wellness-based lifestyle. We do not preach crazy fad diets. We don't push unusual exercise equipment or extreme anything. In the food we prepare, the work we do, and the choices we

make, simplicity is the key. Life, as we are sure most of you are aware, is not easy or simple.

However, Chef and I are not suffering because we didn't get the latest gadget for Christmas. Nor are we wishing for a new car, or an expensive pair of shoes. What enriches our world is the goodness and respect we try to practice each day to ourselves and to our fellow people.

Our simple lifestyle is based in goodwill for the world, people, animals, and plants. Yes, even for the plants.

Think about this, in your every day life do you really enjoy what you do? Do you enjoy your job? How do you spend your free time? What do you want to improve about your life?

We suggest a New Year's "lifestyle check." It is a self-reflection exercise. Sit down with a piece of paper and a pen and really focus on what matters most to you! Is it making more time for "yourself?" Do you need more time with your family and friends? Do you want more financial freedom?

One of our favorite lines from the movie *Wall Street* went something like, "don't measure a man's character by the size of his wallet, but the good deeds that man does every day." Try a lifestyle check, and discover what really makes you tick. We promise it will bring some new insights to you. It may even guide or motivate you in new a direction for 2009. As we said, "life is not easy," however, the answer might be simple. It's not always apparent what the right choice is, but it's usually clear to see the wrong one. Just choose not to do the next wrong thing.



## Chef J's Secret Recipe:

### Simple Chopped Salad (serves 4)

#### FoodWise Shopping List:

- 4 Cups chopped romaine lettuce [washed and patted dry]
- 1-Cup garbanzo beans [drained]
- 1/2 cup red bell pepper, diced
- 1/2 cup red onion, diced
- 1/2 cup fennel bulb, diced
- 1/4 cup asiago cheese, shredded
- 1/4 cup kalamata olive, diced

#### Dressing:

- 6 Tablespoons olive oil
- 6 Tablespoons white wine vinegar
- 1 teaspoon dried oregano
- 1 teaspoon garlic powder

#### FoodWise Cooking Instructions:

- In large bowl, combine all salad ingredients together.
- In a separate bowl, whisk together all the wet ingredients.
- Pour dressing over top and gently toss to coat.
- Mound salad on serving plate.
- Sprinkle with crushed walnuts.

#### Nutritional Info

Amount Per Serving		Calories 360 Calories from Fat 240	
		% Daily Value*	
Total Fat	26g	40%	
Saturated Fat	4.5g	22%	
Cholesterol	30mg	10%	
Sodium	540mg	22%	
Total Carbohydrate	20g	7%	
Dietary Fiber	5g	22%	
Sugars	2g		
Protein	15g		
Vitamin A	70%	Vitamin C	50%
Calcium	10%	Iron	15%

## DineWise

**By Lee Barrie & Cindy Kurman Barrie**  
StreetWise Contributors

### Indie Café: Edgewater glows with the taste of impressive Thai and Sushi

We have a fabulous cousin, Harriet, who recently graduated from Carnegie Mellon's prestigious theater administration program and now has embarked on a promising career at Chicago's Lookingglass Theatre. To celebrate her jubilant entry into the real world, we decided to take her out for dinner. We picked her up in the car and, while we were going through the various options, she said, "I know a place, you'll love it—the Indie Café." Cindy and I looked at each other and smiled. A place we haven't been to before. Perfect.

So off we drove to Edgewater, where we were thrilled to discover this upbeat and chic BYOB café that offers an excellent selection of both Thai and Japanese dishes. Cindy will always go for sushi, which she loves, but it was a cold day and so Harriet and I chose the Thai menu. We ended up sharing everything anyway, as you'd expect.

What sets the Indie Café menu apart from most menus is that it includes good descriptions of the dishes along with some photos. The Thai offering is wide ranging, with a nice selection of appetizers, soups, salads, noodle dishes, rice dishes, fried rice and curries and seafood. Dishes are labeled according to the level of spiciness and you can request more or less heat, depending on your liking. On the Japanese side, there are some creative maki, accompanied by a good choice of nigiri, appetizers, salads, soups and teriyakis. Portions are large, but not overly so. The dishes are consistently fresh tasting and attractively presented.

Among the Thai standouts was the Crab Rangoon, a Thai appetizer made with crab meat, cream cheese, water chestnut, carrot, and celery wontons. We also enjoyed the Andaman Salad, a multi-textured treat

incorporating steamed shrimp, scallop, crab meat and calamari in lime juice, smoked chili paste, onion, carrot, lemon grass and mixed greens.

To try a noodle dish, we ordered Pad Thai, the ubiquitous dish that compared very well with other Thai restaurant versions. Other good noodle choices include Drunken Noodles, with fresh basil, hot chili, broccoli, peas, carrots and tomatoes, bamboo shoots, green beans and bean sprouts, and the Drunken Udon, which features wide wheat noodles stir fried with spiced seafood.

There are some creative Thai curries on the menu. We tried the Indie Signature curry which features classic Mussamun beef curry with cashews, potatoes, spices and herbs. There are several other curry selections that sound delicious.

For my entrée, I ordered the Ginger Fish (I chose tilapia, but you can also order salmon or snapper). This simple dish, steamed in soy with ginger and scallion, was perfectly balanced and even more delicious than I expected. There are numerous other fish and seafood choices, including Stir-Fried Paradise, which includes crispy fish fillet with ginger, red and green pepper,

# Lose weight by washing dishes

By John Godoy  
StreetWise Contributor

**Y**es, you heard correctly—you can lose weight simply by washing dishes.

Now, I don't mean you'll burn calories just by putting your dirty dishes in the dishwasher. I'm talking about washing them by hand, one by one. For every 10 minutes you spend washing your dishes, you burn 18 calories; over the course of a full year that's one to two pounds' worth of calories you'll be expending. This may not seem like much, but compared to loading a dishwasher, where you burn virtually nothing, washing dishes by hand comes out way ahead.

The big idea is this: For many of you, going to the gym may not be a reality because of money or time constraints. The next best thing is to find ways to keep your body active at home or at work, and vacuuming, mopping, cooking, cleaning, and washing dishes are great ways to stay active at home.

Additionally, taking the stairs, walking around the office, walking over and talking to colleagues in your office as opposed to just e-mailing or texting them, and going out for a healthy lunch versus sitting at your desk and eating are some great ways to get more active at work.

Remember, your body must move in order to burn calories. Given that most of our day-to-day activities are sedentary and greatly



simplified by advances in technology, we must actively reincorporate movement back into our home and work lives. If not, it's virtually guaranteed that we will become overweight and risk developing all the adverse consequences of being overweight, from diabetes, hypertension, and osteoarthritis to weakened immune functions and back pain.

Get moving—this is your year!

As seen on WTTW, Chicago

## StreetWise THE MOVIE

Winner: 2008 SILVER TELLY AWARD

A Film by Rob Federighi

LHCCA PRODUCTIONS

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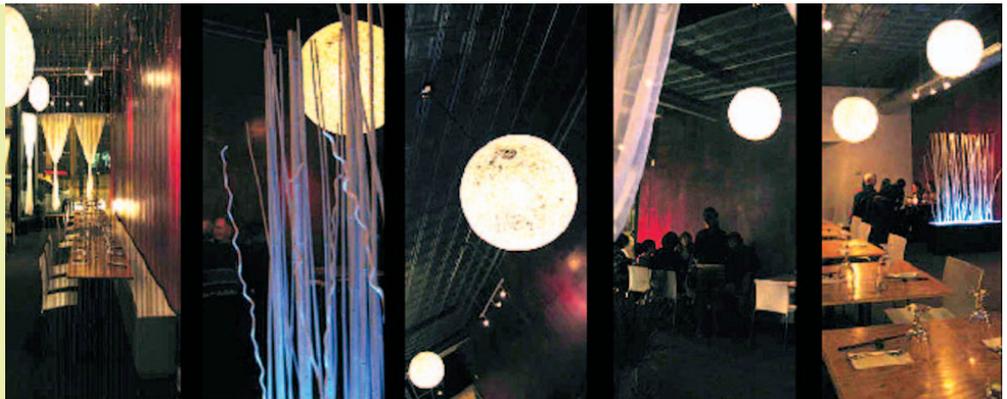
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onion, scallion, cashews, and shitake mushrooms in a black bean herb sauce.

Moving to the Japanese menu, there are several tasty salad offerings, such as the signature Indie Salad, a seaweed salad with spicy mayo, crab stick and masago. Teriyakis can be made with beef, chicken, salmon, scallop or tofu. Maki choices are plentiful. Cindy ordered the very fresh tasting White Scorpion, featuring tempura crusted soft shell crab, cucumber, spicy mayo, masago (capelin roe), topped with super white tuna and avocado.

Other interesting maki include the Devil, with crispy salmon skin, cilantro, avocado, cucumber, habanero masago, chili paste, srirachi (spicy Thai sauce) and BBQ sauce; the Crocodile, with a whole piece of eel and stuffed with spicy tuna, cucumber, avocado, tempura crump, habanero masago and BBQ sauce, and the Butter Ocean, with asparagus tempura, cream cheese, smoked salmon and masago, wrapped with shrimp and avocado and topped with spicy butter. If you prefer a more traditional maki, you can order a Dragon or Rainbow, to mention a couple of options.

We were pleased with the service, the upbeat music

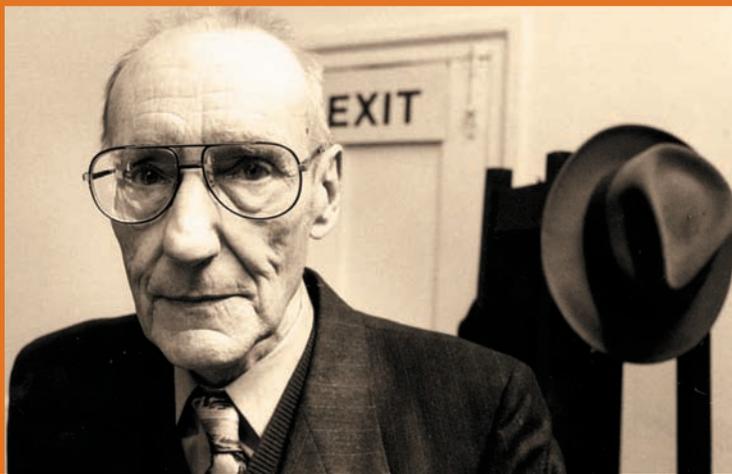


and the colorful décor. Harriet was thrilled that she could actually take us to a place we hadn't been to before and that it was such a winner. We'll have to make dinner with Harriet a regular part of our routine.

**Indie Café**, 5951 N. Broadway, Chicago  
(773) 561-5577 [www.indiecafe.us](http://www.indiecafe.us)

**Hours:**  
11:30 a.m.-10 p.m., Mon.-Thurs.; 11:30 a.m.-10:30 p.m., Fri.-Sat.; noon-10 p.m., Sun.

**Price ranges:**  
Thai noodle dishes, \$7.75-\$9.25; Thai curries, \$7.75-\$15; Maki, \$8-\$19



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## Reel Film: Chicago filmmaker's doc opens Slamdance

Yony Leyser's William S. Burroughs bio plays Jan. 22

By Ed M. Koziarski  
StreetWise Contributor

Chicago will be represented at the Slamdance Film Festival in Park City, Utah, on Friday, January 22, when Yony Leyser's documentary *William S. Burroughs: A Man Within* opens the 15th annual alternative to the neighboring Sundance Film Festival, with an encore screening scheduled for January 27. It's the first posthumous feature-length film about the writer of *Naked Lunch*, *Junky*, and *Queer*.

"Slamdance is, as John Waters told me, 'much more 'Burroughs' than Sundance,'" says Leyser, a 25-year-old Chicagoan. "It seems much cooler and smart to where the film world is going."

*A Man Within* screens the day after the Sundance premiere of *Howl*, Rob Epstein and Jeffrey Friedman's narrative film about the obscenity trial of Allen Ginsberg, Burroughs's close friend and contemporary in the "Beat Generation" of the 1950s.

Burroughs, who lived a fascinating, drug-fueled life in New York and Europe, was a prominent spokesman for the Beat Generation. He's considered one of the most influential writers of the 20th century.

"I cannot tell you how much I appreciate the opportunity to help preserve the legacy of this culturally important figure and all the interesting and wonderful people he continues to influence," Leyser wrote in a letter promoting his film.

He started working on *A Man*

*Within* in 2005 as an undergraduate at the University of Kansas in Lawrence, where Burroughs lived from 1981 until his death in 1997. At KU Leyser met James Grauerholz, Burroughs's former lover, adopted son, and literary executor.

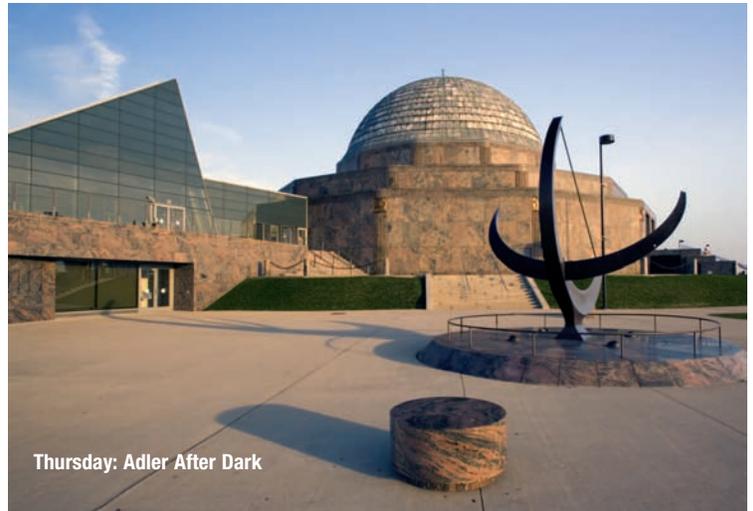
Grauerholz provided introductions that landed Leyser interviews with a tremendous roster of dozens of Burroughs's friends and admirers, including film directors Gus Van Sant, David Cronenberg (who adapted *Naked Lunch* for the big screen in 1991), and Waters, writer Amiri Baraka, musicians Patti Smith, Iggy Pop, and Jello Biafra, and the band Sonic Youth.

Ilko Davidov of Chicago's BulletProof Film edited *A Man Within* and produced it with his partner in the company, Carmine Cervi. Patti Smith supplied new recordings of her songs for the soundtrack, while her daughter Jesse Smith and Sonic Youth wrote and recorded new songs for the film.

Patti Smith also contributed one-third of the \$3,000 the cash-strapped production needs to cover the remainder of publicity, travel, and licensing costs for Slamdance. Leyser and his producers are raising the rest at [kickstarter.com/projects/william\\_burroughs](http://kickstarter.com/projects/william_burroughs).

"After Slamdance [*A Man Within*] hopefully will go to SXSW [the South by Southwest festival in Austin, Texas] and other festivals, and hopefully have a theatrical and DVD release," Leyser says.

See [burroughsthemovie.com](http://burroughsthemovie.com) for more information.



Thursday: Adler After Dark

## Thursday

**Adler After Dark** is a new monthly series featuring beer, wine, and appetizers for sale, access to the planetarium's exhibits, unlimited sky and space shows, demonstrations, telescope viewing, trivia, and tours. Third Thursday of each month, 6-10 p.m., Adler Planetarium and Astronomy Museum, 1300 S. Lake Shore Dr. \$7-\$15. For more info, call 312-922-7827 or visit [adlerplanetarium.org](http://adlerplanetarium.org).

Rare prints of 35-millimeter films highlight social and political transformation in Italy, as part of the **Italics Film Series**, which complements the Museum of Contemporary Art's current exhibit, "Italics: Italian Art Between Tradition and Revolution 1968-2008." Italian soda and popcorn will be available for purchase; some films include subtitles. Thu 1/21, 6 p.m., and Sat-Sun 1/23-1/24, 3 p.m., *The Passenger* (Antonioni, 1975); Sat-Sun 1/23-1/24, 1 p.m., *The Inglorious Bastards* (Castellari, 1978); Thu 1/28 and Sat-Sun 1/30-1/31, 6 p.m., Fellini's *Casanova* (1976). 220 E. Chicago Ave. Tickets for each film are \$8. For more info, call 312-397-4010 or visit [mcachicago.org](http://mcachicago.org).

**Award-winning author Rebecca Goldstein returns to Spertus** to talk about her most recent book, *36 Arguments for the Existence of God*. Through the enchantment of fiction, she shows that the tension between religion and doubt can't be understood solely through rational argument; it must be explored from the inside, from the point of view of individual people caught in the raptures and torments of religious experiences. 6:30 p.m., with book signing to follow, Spertus Museum, 610 S. Michigan Ave. Tickets are \$18 (\$10 for Spertus members, \$8 for students). For more info, call 312-322-1773 or visit [spertus.edu](http://spertus.edu).

In ***Killer Joe***, a 1993 drama by playwright Tracy Letts (*August: Osage County*), a greedy, vindictive family wants to kill its matriarch for her insurance money, but their plans go awry once the hit man they hired arrives at their trailer. Steppenwolf Theatre ensemble member Rick Snyder directs. Thu-Sat 8 p.m., Sun 7 p.m. (through 2/28), Profiles Theatre, 4147 N. Broadway. \$25-\$35. For more info, call 773-549-1815 or visit [profilestheatre.org](http://profilestheatre.org).

**Chicago blues legend Buddy Guy** performs throughout January at his south-side club, Buddy Guy's Legends, 754 S. Wabash Ave. \$40; Fri-Sun 1/22-1/24 and Fri-Sat 1/29-1/30 are sold out. For more info, call 312-427-0333 or visit [buddyguys.com](http://buddyguys.com).

## Friday

**Wade Rouse** is the author of three memoirs: *America's Boy*, *Confessions of a Prep School Mommy Handler*, and his latest, *At Least in the City Someone Would Hear Me Scream*. His Two-Day Writing Seminar is \$155 per person; RSVP to [gary@waderouse.com](mailto:gary@waderouse.com). Fri 1/22, 6-9:30 p.m., and Sat 1/23, 9 a.m.-



12:30 p.m., Book Cellar, 4736-38 N. Lincoln Ave. For more info, call 773-293-2665.

## Saturday

**Hatha yoga instructor Jessica Server** leads a beginner- to intermediate-level class in the Notebaert Nature Museum's Judy Istock Butterfly Haven. 8:30-10 a.m., 2430 N. Cannon Dr. \$10-\$15. For more info, call 773-755-5100.

**The self-guided Heart of Oak Park walking tour**, with audio commentary from former Oak Park residents, explores the evolution of architecture from the Victorian era through the Art Deco period of the 1930s. 10 a.m.-3:30 p.m., Oak Park Visitors Center, 1010 Lake St., Oak Park. \$5-\$10; an extended tour (\$20), available Thu-Sun, includes stops at Unity Temple, the Ernest Hemingway Birthplace Home, the Hemingway Museum, and Pleasant Home, aka the Historical Society of Oak Park and River Forest. For more info, call 708-848-1500.

The fifth annual indoor-outdoor winter celebration **Polar Adventure Days** features ice sculptures, an arctic dogsled team, a demonstration of arctic camping, storytelling, and the chance to peek at birds of prey and other animals. Also, rent snowshoes for free and trek about the grounds; the first 500 visitors will receive free hot chocolate. Noon-4 p.m., Northerly Island, 1400 S. Linn White Dr. Free. For more info, call 312-742-7529.

**Bottles and Brushes** is a "casual" painting class that includes supplies and a canvas to take home, plus appetizers and various drink specials. Sat 1/23, 2-5 p.m., and Wed-Thu 1/27-1/28, 6-9 p.m., Toasted Ox, 2470 N. Lincoln Ave. \$40; RSVP required. For more info, call 773-750-0491 or visit bottles-brushes.com.

## Sunday

Illustrating a history of violence against women in Ciudad Juarez, Mexico, the exhibition **Rastros y**

**Cronicas: Mujeres de Juarez** showcases works by Mexican and Mexican-American artists who are sensitive to the struggles of victims and the families who seek justice for them. Sun and Tue-Sat 10 a.m.-5 p.m. (ends 2/14), National Museum of Mexican Art, 1852 W. 19th St. Free. For more info, call 312-738-1503.

The interactive exhibit **Taking Charge of YOU!** teaches people how to live a healthier lifestyle through exercise and better meal choices, celebrates the achievements of African-Americans in medicine, and provides information on health challenges faced by many African-Americans, including asthma, diabetes, and obesity. Sun 11 a.m.-4 p.m., Mon-Sat 9:30 a.m.-4 p.m. (through 2/28), Museum of Science and Industry, 5700 S. Lake Shore Dr. Free with general admission (\$9-\$15); **free Mon 1/25**. For more info, call 773-684-1414.

The exhibit **Red, White, Blue and Black: A History of Blacks in the Armed Forces** highlights the service and hardships of African-American soldiers, with more than 100 military artifacts, objects, images, and documents spanning the Revolutionary War to the Vietnam War. Sun noon-5 p.m., Tue-Sat 10 a.m.-5 p.m., DuSable Museum of African-American History, 740 E. 56th Pl. Free with general admission (\$1-\$3); Sundays free. For more info, call 773-947-0600.

Two decades old and still running, the **Uptown Poetry Slam with Marc Smith** is the granddaddy of all poetry slams; the evening includes an open mike (7 p.m.), scheduled performers (8 p.m.), and a slam competition (9 p.m.). Sundays, Green Mill, 4802 N. Broadway. \$6. For more info, call 773-878-5552.

## Monday

Local visual artists explore faith, ethics, and technology in **Dis/Believer: Intersections of Science and Religion in Contemporary Art**. Mon-Wed and Fri 9 a.m.-5 p.m., Thu 9 a.m.-7 p.m. (ends 2/13).

Glass Curtain Gallery, Columbia College, 1104 S. Wabash Ave. Free. For more info, call 312-344-6650.

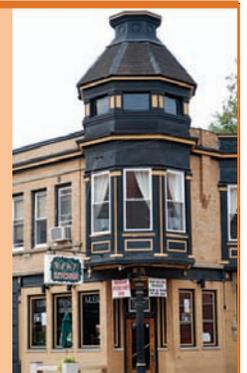
Receive **free general admission at the Shedd Aquarium**, Mon-Tue 1/25-1/26; additionally, you can purchase a discounted Shedd Pass for \$16.95 (\$11.95 for ages 3-11) to gain access to the Oceanarium and Fantasea shows. 9 a.m.-5 p.m., 1200 S. Lake Shore Dr. For more info, call 312-939-2438 or visit shedd-aquarium.org.

Learn about local theatre history and performers through the **Chicago Theater Stories Walking Tour** and exterior views of the Oriental, the Goodman, the legendary McVicker's Theatre, and others. Daily, 11 a.m. and 1 and 3 p.m. Starts at the southwest corner of Randolph Street and Michigan Avenue (150 N. Michigan). \$10-\$15; reservations required. For more info, call 773-508-4894.

## Tuesday

A different Chicago club or organization presents a concert by one emerging artist each month at **Magical Musical Showcase**. Cash bar; food available for purchase. 6 p.m., Museum of Contemporary Art, 220 E. Chicago Ave. Free. For more info, call 312-397-4010.

The **Chicago Underground Comedy** showcase features a rotating lineup of five or more stand-up comics. Tue 9:30 p.m. (doors open at 8:45), Beat Kitchen, 2100 W. Belmont Ave. \$5. For more info, call 773-281-4444 or visit [chicagoundergroundcomedy.com](http://chicagoundergroundcomedy.com).



By Stephani A. Taylor & Sylvester Quast  
Editor-in-Chief & Vendor Volunteer

## 25 Years Ago . . .

This week marks the 25th anniversary of the record-breaking “Alberta Clipper” deep freeze of 1985, as reported in the *Chicago Defender*. According to weather officials, the 27-below-zero temperature on January 20 was the coldest for the city in 113 years of record keeping; the wind-chill factor hit minus 77.

During that time, a series of fires of unknown causes drove 50 people from their homes and into the cold; the fires were at 5306 S. Honore, 3150 S. Morgan, and 1216 W. 61st. Lake Shore Drive near 67th Street was closed after a broken water main gushed thousands of gallons of water, which quickly froze.

Police helped thousands of homeless people who contacted emergency shelters. Some of the shelters were at 4314 S. Cottage Grove, 8516 S. Commercial, 10 S. Kedzie, and 2019 W. Lawrence. Thirty other places also provided food and shelter.

Chicago Public Schools remained open during the deep freeze because all snow days had already been used, according to Board of Education spokesperson Bob Saigh. “The school year already has been extended because of the [two-week teachers’] strike [in December], and we need every day left in order to qualify for the 177 minimum days needed to qualify for the full share of state aid.”

During the “Clipper” the Chicago Housing Authority evicted five families from their CHA apartments because they weren’t paying rent. Four of the evictions were from the Henry Horner Homes, the other from Rockwell Gardens.

Willie Burrell, a member of the Henry Horner Parents’ Guild, was critical of CHA. He said that the families had a limited amount of time to make arrangements for moving out, and support agencies weren’t told that the evictions were imminent. Tina Vinci, a CHA spokesperson, responded that the families were evicted due to nonpayment of rent, but not before the standard legal process was undertaken.

While some families lost their homes, others were given hope for new ones. The nonprofit Sunbow Foundation planned to renovate the former **Lexington Hotel—Al Capone’s old headquarters at Cermak and Michigan Avenue**—as a residence for 30 African-American and Latino single mothers, including three who were formerly incarcerated. One- and two-bedroom apartments were planned for the third through ninth floors, according to the *Defender*. The ballroom would be renovated as an international museum for women, and day care would be available. Sunbow had acquired the building in 1983 with the intention of training women in construction trades, according to *The New York Times*.

The Lexington was located in what was formerly known as Chicago’s red-light district, which ran from Cermak to 24th Street and Wabash to LaSalle. Jewish, Italian, and Irish residents lived in this area south of the railroad yards and east of Chinatown, as



did black Chicagoans, even before CHA housing was built in the area, noted the *Defender*.

Capone’s office was in a circular fifth-floor room at the southwest corner of the building. Adjacent to the office were his bedroom and bathroom (with Nile green tiles and lavender bathtub). There were also 10 tunnels and 12 “secret” staircases, the *Defender* reported.

After Capone was sent to prison for tax evasion in 1931, the gang moved out and the hotel lost its luster, becoming a bordello and flophouse before being renamed the New Michigan Hotel in the 1950s, according to *MyAlCapone-Museum.com*.

After its last occupant left in 1980, the hotel’s next claim to fame was TV newsman Geraldo Rivera’s quest for gold in Capone’s underground vault in ’86. The Internal Revenue Service was also intrigued, hoping to collect on the mobster’s \$200,000 in back taxes, which amounted to \$800,000 after interest and penalties were factored in.

Unfortunately for Rivera and the IRS, after he dynamited the vault in front of a live TV audience, it

ended up containing only empty whiskey bottles.

When the Sunbow Foundation ran out of money, Dr. Ganesan Visvabharathy of Chicago’s Vilas Investment Properties bought the Lexington for \$750,000 in 1989, according to *The New York Times*. Visvabharathy also acquired the three-story building next door for \$1.5 million with the intention of building a 258-suite hotel and 32,000 square feet of retail space, at a total cost of \$28.6 million.

The Lexington Hotel opened its doors in 1892 in time for the World’s Columbian Exposition in Jackson Park; one of its first guests was President Grover Cleveland, who came to open the 1893 world’s fair. Located close to the Prairie Avenue homes of prominent Chicagoans like George Pullman and Marshall Field, the Lexington was considered an exclusive address—until the wealthy began to move to North Lake Shore Drive.

By the time Capone moved there in 1928, the Lexington “had become a second-rate hotel in a declining neighborhood,” the *Times* remarked. It was demolished in 1995.

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# What would Dr. King think of the Net?

*"When we look at modern man, we have to face the fact that modern man suffers from a kind of poverty of the spirit, which stands in glaring contrast with a scientific and technological abundance."*

—Dr. Martin Luther King, Jr.

By Rafiki Cai

StreetWise Contributor

## From Every Mountainside...

Dr. Martin Luther King Jr.'s birthday always puts me in an extra-reflective mood concerning his thoughts, his values, and his often searing analysis. This year, instead of looking through my typical corporate and war lenses, I pondered a bit differently: What would Dr. King think of the Internet?

You can relax—this won't be a rant about the alleged "digital divide." I personally don't invest much in that perspective, and surely the mind of King would parse issues deeper than that when it comes to the matter of cyberspace. The first thing that strikes me is how the "drum major for peace" would grasp the power of the World Wide Web as media. The Montgomery Bus Boycott, and King's face-offs with the likes of Bull Connor, would have been shrouded in anonymity in the 1950s and '60s were it not for the innovation of television. Households around the nation watched in real time as dogs and fire hoses attacked and battered the ranks of nonviolent protesters.

The importance of the TV dynamic wasn't lost on King and his aides, and thus the potential of a new media—IPTV (or TV 3.0, if I may)—would immediately hit home. They would readily see the sheer mobilizing power in the plethora of Web-connected screens both large and small. One can't help but marvel at the cost of assembling 250,000 people for the March on Washington on August 28, 1963.

In contrast, Michael Gregory, a country-soul musician from Radford, Virginia, has laid music on top of video excerpts from King's famous speech of that day, generating more than 650,000 page views on YouTube. Nobody traveled to D.C. or anywhere else in order for Gregory's video to happen. Dr. King would appreciate the power of that.

## Let Freedom Ring . . .

The potential of every child, woman, and man was a constant theme in King's writings, sermons, and speeches. Thus, one could safely say that he would quickly grasp the power of the Internet to deepen the roots of democracy. Twitter might really tickle him.

This would be especially true if he were to hear that during the aftermath of Iran's bitterly contested presidential election last June, Twitter was preparing for an overdue system overhaul, but because the social networking site is viewed as critical to the flow of information around the



## digital links

### Martin L. King Trivia

The King quote that opens this article is excerpted from what speech, given on what day? (Hint: the answer is not his Nobel Lecture.) Who is the voice introducing Dr. King, at the March on Washington? Text answers to 801.618.0824.

### King Project papers

An exhaustive online resource of Dr. King's writings, speeches and an extensive library of his published papers. Curated by Dr. Clayborne Carson, as part of the Martin L. King, Jr. Research and Education Institute at Stanford University <http://mlk-kpp01.stanford.edu/>

### Dr. King Sings

YouTube Video:  
647,350 views  
<http://bit.ly/5VJ2TZ>

world, the U.S. State Department urged Twitter's management to hold off on their planned maintenance.

When you have the State Department on the line with pressing concerns about what you're doing, then what you're doing is noteworthy, to say the least. The fact that the microblog platform will be piping one billion tweets an hour in 2010, with a fair share flowing from citizen-journalists—the voice of the "everyman"—might sound like tones of democracy to King, the activist and community organizer extraordinaire.

## Now Is the Time . . .

Lest one be tempted with too much glee by these musings, we should remember that King was often derided as a "communist sympathizer," primarily because of his constant attacks on the causes of poverty and marginalization, especially in the face of growing corporate largesse. Undoubtedly this concern would factor into his Net analysis. Of course, King would not lay the cause of poverty at the foot of the Internet or other emerging technologies, but he would surely urge an exacting scrutiny of its impact on our social fabric.

Lest I be led by my mind only, I reached out to someone who knew Dr. King well: Rev. Al Sampson, who is one of only three persons that King ordained into the ministry. When presented with my core question, his response was im-

mediate: "That's a no-brainer," he quipped. King "would see it as an extension of the work."

To illustrate his point, Sampson shared an anecdote. "I remember when we would often come to meetings with mimeograph ink all on our hands, because our leaflet was how we reached folks from the plantation to the city. It was with 100,000 to 200,000 leaflets that we helped to elect Carl Stokes as mayor of Cleveland [the first black mayor of a major city, in 1967]."

Evidencing his own astute grasp of the Internet's power, Sampson spoke of how social networking has given "names to millions of would-be faceless youth who otherwise might feel deleted." Pivoting back to his mentor, he said, "With the international reach of the Internet, Dr. King would be able to engage millions of these youth, internationally, with messages and teachings of nonviolence."

So, what are your own thoughts? What do you think would have been Dr. King's appreciation or criticism of the Internet were he alive today? I'd love to hear from you. Text me, e-mail me, or call if you must. I'll share some of your thoughts soon at [tech.streetwise.org](http://tech.streetwise.org).

*Rafiki Cai is the Digital Doctor, a veteran Internet technologist of 15 years. His column appears courtesy of sponsorship by local Clearwire distributors. He can be reached at [thedoctor@streetwise.org](mailto:thedoctor@streetwise.org) or 801-618-0824.*



Space to Age in Place:



DANIELA GHERTOVI CI PHOTOS

Harrington College of Design students used \$2,000 to design, build out, and furnish 550-square foot, one bedroom concept apartments in which a senior citizen could age in place in a “Last Designer Standing” competition at the recent American Association of Homes and Services (AAHSA) conference at McCormick Place. The process began six weeks earlier as 14 graduate-level students of Daniela Ghertovici consulted with a Catholic Charities client, met with Perkins Eastman architect Joe Hassel and then Julie Moller of Freeman White, an architecture and design firm specializing in universal design for aging populations.

# Freedom, Identity & Choice

The key to assisted housing for the aging is to give them as much control of their lives as possible

By Mary Faith Hilboldt and Stephanie A. Taylor  
StreetWise Contributors

**A**n adult son went to visit his father in a California assisted living center and received the surprise of his life: dear old dad, at 95 years of age, was engaged in oral sex with an unknown woman.

What’s a son to do? Well, if you’re the one described above, you place your father in another assisted living center faster than you can say those words. But is a decision like that made in the best interests of the elderly father, not to mention his lady friend?

No, according to Laci Cornelison, research assistant/instructor at the Kansas State University Center on Aging. The father’s lady friend became so despondent after he left that she sat in front of a window all day for three months, then died.

Adult sexual activity in assisted living centers is an emerging issue. Forty percent of assisted living workers surveyed by KSU’s Center on Aging said they would feel obligated to notify senior residents’ family members if two competent seniors were sexually active. Cornelison quoted this statistic during a panel titled “Sex in the Nursing Home: Assessing Capacity to Consent” at the November conference of the American Association of Homes and Services for the Aging (AAHSA) at McCormick Place.

But sexual expression is a human right to which assisted living residents are entitled—even if they have dementia, noted Robin Dessel, LMSW, during the same panel. Dessel is director of memory care services at the Hebrew Home in Riverdale, New York.

Sexual expression, which runs the gamut from

flirting to intercourse, eases depression and increases self-esteem and healing, Cornelison said. Doctors who enforce celibacy because of consent issues are merely replacing one form of abuse with another, she added, quoting a recent article on *Slate.com*.

“You cannot dismiss someone’s rights,” Dessel said. “Just because someone doesn’t have money, and has dementia, it doesn’t mean he does not have rights.”

## Dementia complicates issue

This issue becomes complicated once dementia enters the picture because a spouse or adult child may have legal guardian rights. But do these rights mean they can forbid their assisted-living husband or wife, or mom or dad, sexual rights?

Dessel doesn’t believe so. She told of one man in Hebrew Home who had developed a relationship with a woman there, even though his wife was still alive. The wife at first wanted to move him to another facility—she felt he had violated their marriage vows. And she didn’t enjoy seeing him holding hands with his girlfriend when she visited Hebrew Home.

However, after meeting with the facility’s staff, she decided that her husband was comfortable and happy there. She agreed not to move him, nor to stop him from having the relationship with the girlfriend.

When the girlfriend died, the husband never found another one at Hebrew Home, nor did he return to his wife in that capacity. The wife also admitted to Dessel that before her husband went into Hebrew Home, they were often arguing and had a troubled marriage.

The situation was similar to that of former Supreme Court Justice Sandra Day O’Connor, the AAHSA panelists said afterward. O’Connor allowed her husband’s assisted-living relationship to continue because she realized it made him happy.

There is no age cutoff for consent, the panelists said. In addition, mental incapacity shouldn’t be the only basis for determining consent, Cornelison said. Rather, assisted-living or nursing-home sex must be voluntary; participants must be able to define appropriate times and places for sex. They must also understand the emotional risks if the relationship is fleeting.

Hebrew Home has developed a Sexuality Workgroup and shifted its policy on sexual expression among residents. Such expression is no longer seen as a “behavior,” but as a “right, need, and quality-of-life activity,” Dessel said. Workers at Hebrew Home intervene only in cases of nonconsensual acts, risk, or abuse.

Dessel explained, “Our policy is not to challenge, offend, or convert.” But, she added, “where there’s a will, there’s a way.” Sexual expression now fits into the Hebrew Home mandate to assist residents in meeting “their highest practicable physical, mental, and psychosocial well-being.”

## Meeting their highest well-being

The key to providing services for the elderly is to give them as much control over their lives as possible, said Robyn Stone, DrPH, in a telephone interview.

Stone is the executive director of the Institute for the Future of Aging Services (IFAS) and senior vice president of research at AAHSA. The 5,700-member AAHSA spans the continuum, from adult day services to home health, community services, senior housing, assisted-living residences, continuing-care retirement communities, and nursing homes. Its mission is to create the future of aging services with “services people need, when they need them, in the place they call home.”

Moving into a care home can mean a sense of loss for seniors. However, managing that transition with appropriate support can help them develop a better quality of life, and helping them maintain



The concept apartments (which could become the models for large-scale development) had to accommodate changing psychological, social and physical needs, such as the ability of a wheelchair to turn around. The two winning synthesized designs were “Intersections,” (Photos 1-4) which used cabinetry for the divisions between bedroom, living room and kitchen; and “Formations,” (Photos 5 & 6) which collected the bathroom and kitchen in the center of the apartment. Two teams of seven students each constructed the concept apartments over 2 ½ days at the AAHSA conference, with the help of union carpenters and Freeman Construction. American Martinsville also donated some furniture. Intersections team members were Mathew McGrane, Leslie Bowman, Edward Kucic III, Kristen Penfold, Jessica Riddle, Daniel Harper and Ava St. Claire. Formations members were Diana Rizko, Kate Harms, Rhodona Johnson, Aaron Gilbert, Neelina McGibbon, Jennifer Lea and Valerie Sanchez.

their identities and sharing decision making with them are two practices Stone discussed from the “My Home Life” model developed in the United Kingdom.

But right now in the United States, Stone said the need is for more infrastructure, and making better use of what we already have.

### A need for affordable options

“There is a lack of affordable senior options that bring together shelter and services—it’s very ad hoc and fragmented,” she said. There are “huge” waiting lists for publicly subsidized housing, running the gamut from senior apartments with no services to assisted living and nursing homes.

The situation for seniors mirrors homelessness across the nation. “The elderly are either hanging on in houses they can no longer afford or that are in bad physical shape or not allowing them to age in place, or they are living with family,” Stone said.

An inner-city program that trains family members as caregivers is a cost-effective model for senior housing, she said. “This is a program that is designed to help service coordinators and housing properties understand better the role of the family—and have the family understand better the role of service coordinators—and what the property can do to help elderly residents age in place.”

Located in three sites—Baltimore; Rockville, Maryland; and Washington, D.C.—the pilot program was in partnership with Cornell University and funded by a grant from the Jacob and Valeria Landeloth Foundation. The average age of residents was 86, but seniors ranged in age from 65 to 97. Only 42 percent were in poor health, but 25 percent needed considerable help, while another 17 percent needed moderate help and 5 percent needed limited help.

### Trained family caregivers

Seventy-eight percent of residents had family living in the area. According to Alisha Sanders, senior policy research associate at IFAS, family caregivers were trained on how to take care of their older loved ones through service coordinators. In family training they learned about:

- being knowledgeable of the mental capacity of their elderly loved ones;

- understanding the aging process;
- knowing about medication management;
- dealing with the transition from hospitals.

The second part of the training was understanding the service coordinators’ role and improving conversation skills with them. Caregivers learned how to communicate effectively as well as analyze and compromise.

The approach was individualized, Stone said. A good analogy was that the caregiver was the senior relative’s “wingman.”

“Families are already doing much of this,” she added. “The families are engaged in doing everything from care management to taking [elderly relatives] to the doctor’s office, but they are doing it in an uninformed way. The goal is to educate them to what they can do and to partner with service

coordinators to be more effective in helping their elderly relatives remain independent as long as possible. The service coordinator is there every day and can interact with them on whether their relative is eating well, having medication problems, at risk of falls.”

The goal is to bring family members together with resources so that seniors can remain in their apartments until they die, Stone said.

At what point would a senior citizen have to enter into more labor-intensive and expensive nursing-home care?

Stone said the answer is anecdotal, with some disabled people living in nursing homes just as frequently as those in senior housing: “Cognitive impairment [and] ‘end of life’ are the major problems.”

—Suzanne Hanney contributing

## Nursing homes must be ‘of’ the community

By Patricia Drennan  
StreetWise Contributor

Inner-city nursing homes must be “of” the community, not just “in” the community. These homes serve America’s chronically indigent in medically underserved areas. Often, residents are in poorer health than those who live in suburban and rural homes; their families may have had little experience dealing with medical facilities.

Inner-city homes face problems providing security and hiring local staff. Without local management, many fail to recognize and engage the social capital of their communities. Reimbursement may be minimal since the majority of residents are on Medicaid.

The problems of inner-city nursing homes were highlighted at the annual meeting of the American Association of Homes and Services for the Aging (AAHSA) in November. Not-for-profit inner-city homes reported on their efforts to form the “Inner City Brain Trust,” which would research issues facing inner-city homes and devise ways to tell their story to the public and to policy makers. The trust would pursue grants and funding as well.

William Healy, vice president for regional operations at Catholic Health East in Newton Square,

Pennsylvania, told of “culture shock” when he, a white male executive, faced angry family members of the residents of a Detroit nursing home. An African-American RN at the home had been passed over when a white nurse was promoted to assistant director of nursing; the community was outraged.

Healy said he felt as if he were in a “tenant-landlord” situation.

His first solution was to replace the administrator of the home with a pastor from the local community, who was named executive director. That worked for a while, until licensing and accrediting standards began to slip and the home risked failing state inspections.

The second step was to install a certified administrator again. Next, Healy appointed a board of directors from the local community, but he noted that it’s hard to maintain such boards of inner-city residents: some members find the meeting agendas dry and uninteresting, and a mistake some agencies have made is scheduling meetings at agency offices in the suburbs—board members tire of driving long distances to meetings. This type of board of directors works best if its meetings are held in the same community as the nursing home.



## Ask Eugene

“all the brilliance  
that will fit”

Dear Eugene,

**My mom has started spying on me on Facebook. I can't prove it, but she seems to know every little thing that I do and it's kind of creepy. What should I do?**

—Cindy

Dear Cindy,

Since you have no proof, then I'm afraid I have to take you to task instead of your mother. What you put on Facebook is entirely voluntary, and who you choose to see it is also voluntary. If you think people are spying on you it's probably for the logical reason that they are. Strange people. You should find comfort that you're being stalked by someone as harmless as your own mother. You should probably update them more. It's hard for you to tell them to mind their own business when you are posting your business to an audience of 300 million people. Need attention much?

Dear Eugene,

**My friend is coming to town and wants to rent a car. I told him that riding the train is perfectly fine, and much cheaper. How do I convince him?**

—Ride the Rails

Dear Ride,

Can your friend smell? If so, then maybe he knows best. The train is okay, but it's ultimately up to him. If you do convince him, keep him off the train between 11 p.m. and dawn as you'll watch Cinderellas crashing back into handmaidens at an astonishing rate (and volume). The company overall gets stranger by the hour, so mind your surroundings.

**You can send Eugene your questions at 1201 W. Lake, Chicago, IL, 60607 or e-mail him at [supreme\\_eugene@yahoo.com](mailto:supreme_eugene@yahoo.com).**

## Sudoku

Difficulty: Medium

			5			2		
			1			7	9	
	5		9		7			
	8				9			
5	2		7				8	4
7		9				5		
1		2			3			
6				4		1	7	

## Crossword

Across

- 1 Brag
- 6 Rank
- 11 Starchy tuber
- 14 Coincide
- 15 Muscat native
- 16 Flightless bird
- 17 Male heir apparent to a throne
- 19 French possessive
- 20 Skirt part
- 21 Release me words
- 22 Sty cry
- 23 Seasonal visitor
- 26 Black cat, maybe
- 28 Take by force
- 30 High regard
- 34 Stockpile
- 36 Rip up
- 37 Rush inits.
- 40 Kind of infection
- 43 Rabbit
- 44 Devilfish
- 46 Mild oaths
- 48 Number one Hun
- 50 Traffic sign
- 52 Uses a spade
- 54 Synthetic fabric
- 56 Chip's cartoon chum
- 59 Relaxed
- 62 Actress Scala
- 64 Gr. letter
- 65 Sharpshooter name

1	2	3	4	5	6	7	8	9	10	11	12	13
14						15					16	
17					18						19	
20					21				22			
23			24	25			26	27				
		28				29		30		31	32	33
				34			35		36			
37	38	39			40		41	42		43		
44				45			46		47			
48					49			50			51	
				52		53		54			55	
56	57	58			59	60	61			62	63	
64					65				66	67		
68					69					70		
71					72					73		

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- 68 Fall mo.
- 69 Utopian
- 70 Chessman
- 71 Watering hole
- 72 School (Pl.)
- 73 Borders
- 9 Salary
- 10 Expire
- 11 Himalayan legend
- 12 Prayer word
- 13 Perfume scent
- 18 Public squares
- 22 Furtively
- 24 Ocean feature
- 25 Tiny
- 27 Sharp curve
- 29 Time zone
- 31 Historic period
- 32 Always, in verse
- 33 Docs, for short
- 35 Dejected
- 37 33 Down's group
- 38 Convened
- 39 Emmet
- 41 Jimmy
- 42 Coiffure
- 45 \_\_\_ Baba
- 47 Caffeine source
- 49 Docket
- 51 Golf course feature
- 53 More rational
- 55 Fem. relative
- 56 Animal shelters
- 57 Above
- 58 Etna output
- 60 Thailand, once
- 61 Congers
- 63 Some votes
- 65 Goal
- 66 King Kong, e.g.
- 67 Young goat

## Last Week's Answers

E	A	R	L		T	O	T		H	E	L	M				
B	L	U	E		P	O	R	E		I	G	L	O			
B	O	N	A		P	A	R	T	E		L	O	A	N	S	
S	E	T			A	N	T		M	A	T		M	E	T	
					I	D	E	S		R	O	T	A	T	E	
F	A	R	I	N	A		O	Z	O	N	E					
A	L	E	R	T		L	A	S		A	I	R				
R	E	E	K		S	C	O	P	E		S	C	A	T		
			E	L	I		K	O	I		P	E	O	N	S	
					N	A	I	L	S		T	U	R	N	I	P
M	A	N	G	L	E		T	E	A	R						
O	R	E		P	R	O		S	R	S		A	D	S		
T	E	R	R	A		A	M	S	T	E	R	D	A	M		
H	A	V	O	C		T	O	E	S		V	I	N	O		
S	E	T	A		H	E	N			S	T	A	G			

2	4	1	5	8	3	7	9	6
3	7	5	2	9	6	4	8	1
6	8	9	1	4	7	2	3	5
8	1	7	6	5	9	3	2	4
9	5	3	7	2	4	1	6	8
4	6	2	3	1	8	5	7	9
7	9	8	4	3	1	6	5	2
5	3	4	8	6	2	9	1	7
1	2	6	9	7	5	8	4	3

## Scottish vendor YouTube star

Courtesy of *The Big Issue in Scotland*

"I'm a YouTube star now, after someone put up a video of me singing as I sell *The Big Issue*. Everyone says I should go on *The X Factor*, but I'm not so sure. I like just selling the magazine, singing my songs, and minding my own business.

"Why would I want to be on the telly? YouTube's enough for me. I wouldn't like to be like Susan Boyle, because she must be under a lot of pressure. She's very good, though, and does it in her own way.

"I used to work a different pitch, on Byres Road in Glasgow, but I got moved on after a pub complained that I was singing too loudly. Spoilsports! Now I can sing to my heart's content. Half of my customers even sing to me these days.

"I sing Rolling Stones, Bob Dylan, and Frank Sinatra, all in the name of selling the magazine. I've built up a bit of a reputation now, actually. One busker [street musicians] even wanted me to come and play with him, but I prefer to do my own thing, just going from song to song. I like to improvise, and I don't know if I could do that with a busker.

"I've always been creative. Before my eyes became bad [Joan is registered blind], I used to paint a lot. In my house I had painted every wall in the living room. There was a unicorn over the mantelpiece, a great big waterfall, forests, and horses running about in fields. It was beautiful.

I've always loved the countryside, so I wanted to see if I could paint it as a mural. I had two dogs as well, so it was a really cozy house.

"When my sight was better, I was also into video games. I used to play *Grand Theft Auto: San Andreas*, which I loved because you could do anything you wanted. You could play snooker, go for a drink—anything. I'm not one of these people who think that computer games make you more violent. I'm very peaceful. I just loved the freedom in that game, the way you could just wander around and see the city.

"I'd like to thank my customers, particularly the one that gave me this lovely yellow jacket. It's great, isn't it? It makes me happy on a cloudy day. It's the customers that make this job, so I'd like to say a big thank you to them all!"

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Meet: Joan Adamson

“

I sing Rolling Stones, Bob Dylan and Frank Sinatra, all in the name of selling the magazine. I've build up a bit of a reputation now, actually...

—Joan Adamson



### StreetWise Rookie of the Year 2009: Steve Allen

Steve Allen deserves the award he got for being persistent, actually developing a location despite some initial resistance. He's been consistant, and has really succeeded in setting and meeting goals. He's only been here since July, but he's already made great progress towards self-sufficiency. Keep up the good work, Steve!

DO YOU LOVE CHICAGO AND WANT TO GIVE BACK?  
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